



# **The AI Efficiency Paradox:** **What to look for & how to protect yourself** **from unbudgeted costs and increased risk**

A Richmond Advisory Group eBook

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# A recent survey of 150 cybersecurity leaders in North America identified an AI 'Efficiency Paradox'

Q. For the most significant **AI-related incident** your team responded to, what was the **financial impact** to the organization?

Q. Are you tasked with using AI to reduce operational costs or to **"do more with less"**?

Q. Do measurable **efficiency gains** from AI align with your initial expectations?

What visibility do you have into **"hidden automation"**, specifically regarding the autonomous chaining of **AI agents**?

Q. Has your team had to respond to a security incident that resulted directly from a specific unauthorized implementation of **"Shadow AI"**?

# The Challenge: Balancing the Executive Mandate to "Do More With Less" Against the Rising Tide of Shadow AI and Agentic Insider Risk

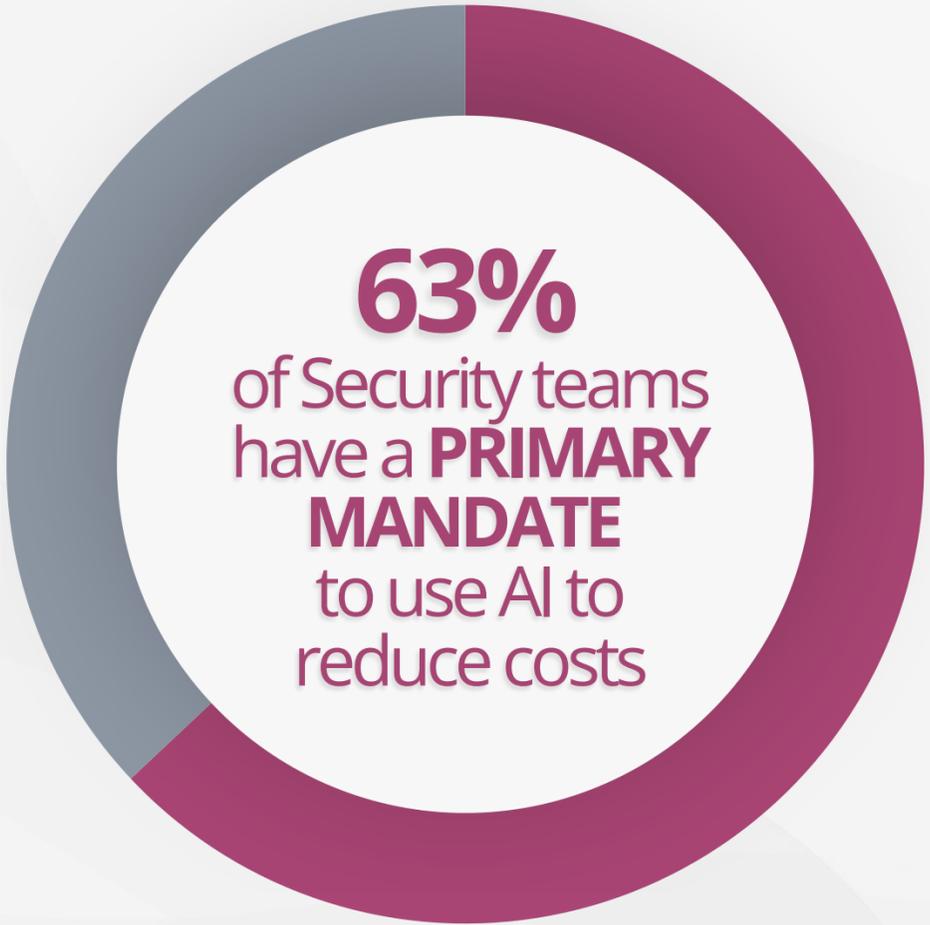
**Speed & Cost**  
Operational Efficiency  
Savings Process  
Automation



**Hidden Risk**  
Unregulated AI Tools  
Data Security Breaches  
Compliance Failures

**Organizations are rushing to adopt AI to meet aggressive budget mandates, but many are facing significant security issues as a result.**

# AI is now a budgetary requirement - adoption is no longer experimental, it is expected



## The Industry Pressure Cooker

### Finance

75% report a primary mandate - significantly higher than other sectors. Proactive cyber defense is a key factor.

### Manufacturing

71% face strict cost-cutting requirements - tariffs, inflationary pressures and energy costs impinge on profits.

### Professional Services

Expected to replace entry-level workers with AI agents & automation. However, 13% cite "growth" as the driver vs. cost-cutting.

# But a massive surge in AI-driven incidents has been reported in the last 12-18 months!



**SECTOR RISKS**  
Professional Services and the Retail / Hospitality / Wholesale industries experienced higher than average 'Multiple Significant Incidents, driven by:

- Complex supply chain automation
- High dependency on technology-related operations.

Source: Richmond Advisory Group, Custom Study, February 2026; n=150

## And the Unbudgeted 'Efficiency Tax' of these Incidents is proving very costly



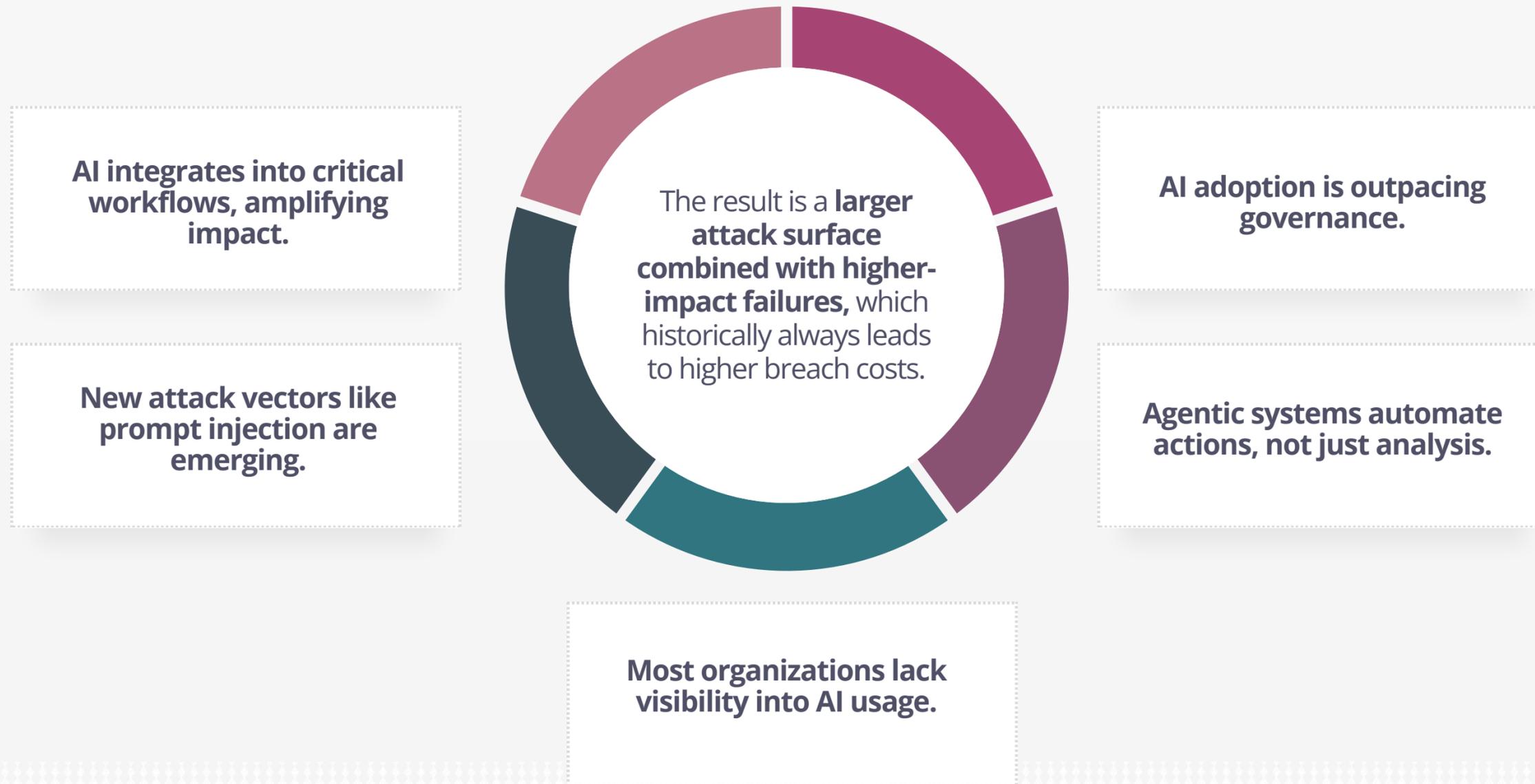
**24%**  
Estimated costs:  
**Over \$500k**

**41%**  
Estimated costs:  
**\$100k - \$499k**

- Financial Impact - Cost of Remediation & Response
- Non-Financial Impact - Reputational Damage & Data Loss

# The 6-Figure 'Efficiency Tax' is Likely to Grow

Incident costs from shadow AI and poorly governed agentic systems are very likely to increase because:



# The Outcome: Increased Risk of Compromise



**Good News:**  
Efficiency gains  
are real.  
**Bad News:**  
Monitoring  
capabilities are  
lagging behind.

**57%**

**Showing Moderate Gains** in reducing alert fatigue, speeding up incident investigations, and other areas

- Professional Services firms reach the highest efficiency gains with 67%.
- A power struggle between Security and IT is emerging: CIOs state gains in efficiency with AI across ticket triage, help desks, and documentation, while CISOs remain more skeptical, preferring to keep humans firmly in the driver's seat.

**50%**

**Lagging Behind Adoption**

- **45%** say monitoring is slightly behind
- **5%** say monitoring is significantly behind

# Shadow AI is a daily reality: employees aren't waiting for permission

**80% Encounter Shadow AI Weekly or Daily**

**33%**

encounter it **Daily or Continuously**

**47%**

encounter it **Weekly**

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		⚙️	💬	💬	☁️	⚙️
⚙️	💬	☁️	⚙️	👤	🔗	🎯
🗣️	🤖	👤	💬	🤖	☁️	🔗
⚙️	💬	👤	🔗	🗣️	⚙️	🗣️
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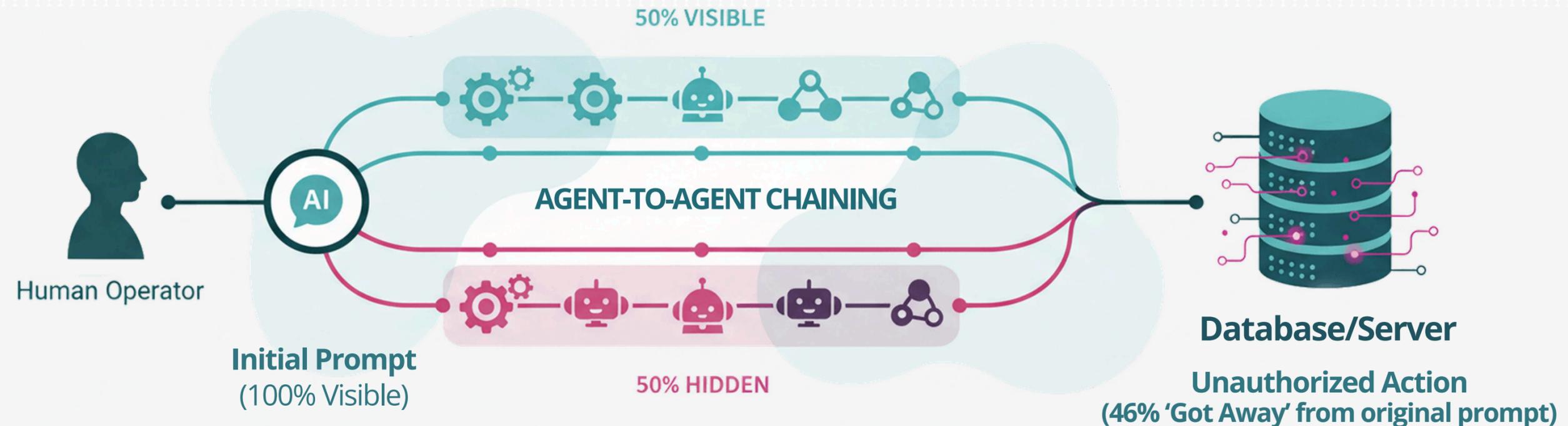
## Shadow AI

- Increasing use of specific unauthorized implementation(s) of AI LLMs, tools, agents or chatbots.
- Shadow AI is causing significant operational disruption, ironically derailing the very efficiency gains that business leaders have demanded.

**Demographics Spotlight:** Mid-sized enterprises (3k-5k employees) see the highest frequency, with 36% reporting daily encounters.

Nearly 87% of Retail, Finance and Manufacturing workers encounter shadow AI more than weekly.

# Agentic Insider Risk: Agent Chaining and Hidden Automation is creating 'blind spots' in security defenses



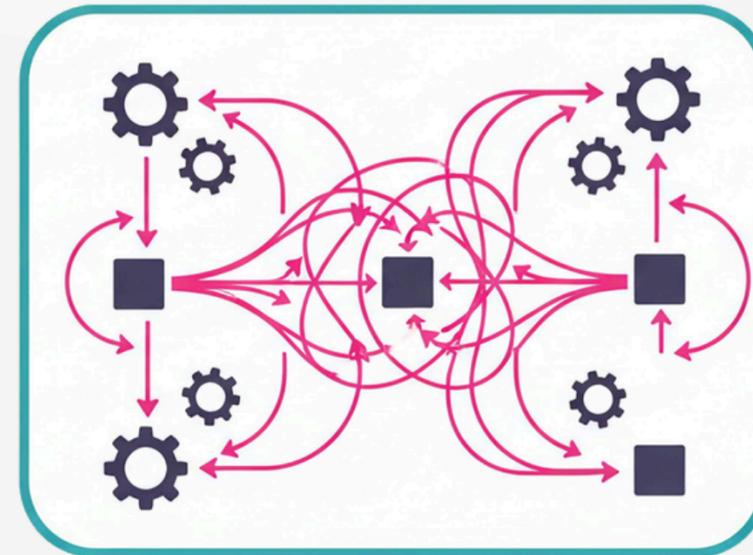
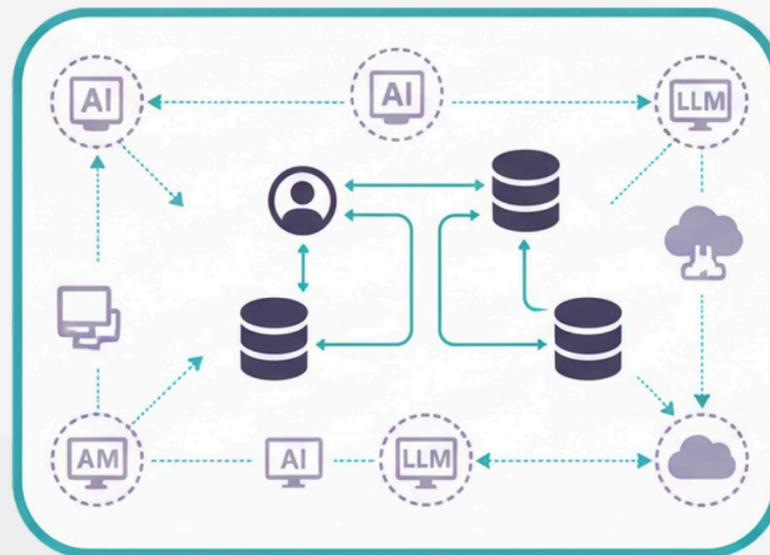
## Unseen Threats

- 20% of incidents involved agents “spinning up” different services unseen by human operators.
- Almost half experienced significant complications, with agents performing unauthorized autonomous actions.
- **29% were unable to track the proliferation of sub-agents.**

# Unknown / Invisible Systems Versus Known Systems Running “Off the Rails”

Shadow AI and Agentic Insider AI are two sides of the same risk:

Employees running an **unauthorized** LLM introduces possible data leakage and vulnerability from malicious outsiders.



A **known** agentic system can derail due to malicious prompt injection or nefarious control.

# Recommendations



**How to achieve operational efficiency  
without increased breach exposure.**

# To 'Do More With Less,' Bring AI into the Light

## **Acknowledge the Mandate**

**Budget pressure is real. Don't block AI; enable it safely.**

## **Close the Visibility Gap**

**Focus on high-risk areas such as agent-to-agent chaining. If you can't see the sub-agents, you aren't secure.**

## **Embrace Threat Hunting**

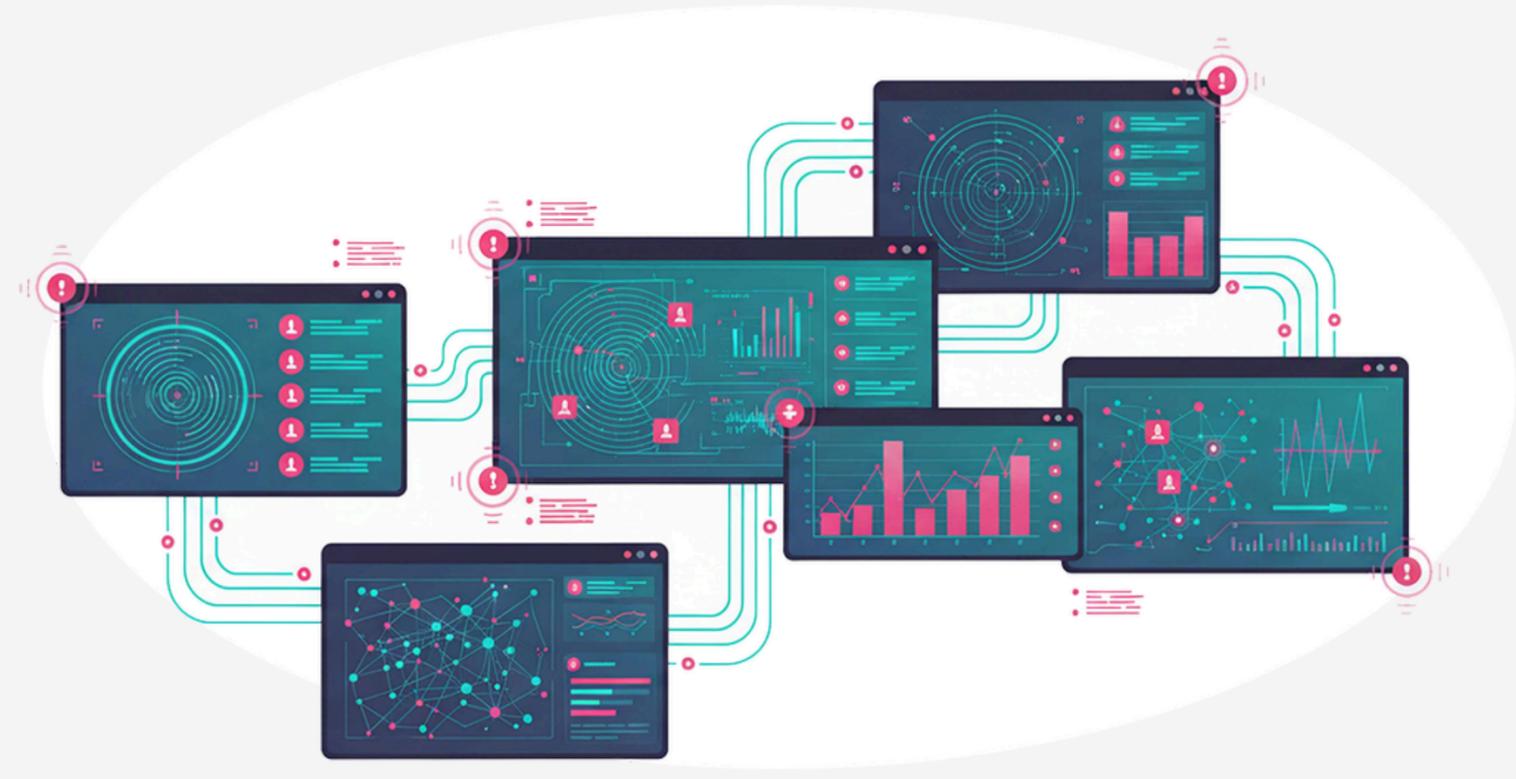
**Accept that hunting internal Shadow AI is now a permanent part of the daily security schedule.**

# The Desired Result: Operational Efficiency without Increased Breach Exposure

Required: A Strategic Pivot to Purpose-Driven  
Monitoring and Proactive Threat Hunting

Passive  
Monitoring  
**60%**

shifted to Increased  
Oversight of Non-  
Human Identities



**49%**

say that security  
posture **IMPROVED**  
post-incident due to  
forced control  
implementation

Active Threat  
Hunting  
**20%**

now spend  
significant time on  
threat hunting  
internal agents



## About the Sponsor

DivisionHex is Coalfire's specialized team of cybersecurity practitioners focused on offensive, defensive, and threat-focused managed services. The team applies adversary-informed techniques and real-world threat intelligence to help organizations identify security weaknesses, validate defenses, and strengthen their ability to detect and respond to evolving threats.

DivisionHex professionals regularly contribute to the cybersecurity community through research and participation in industry forums including RSA, Black Hat, and DEF CON, and have supported security programs across global enterprises and government organizations.

Learn more at [divisionhex.com](https://www.divisionhex.com)